

Town & Country

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By William Norwich

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BEAUTY
DIARY

NYC dermatologist Lisa Airan shares her skin-care essentials for her busy city life—and for off-duty in the country.

Lisa on the town “When I see patients at my office on Manhattan’s Upper East Side, it’s important that I look formal and polished. In winter, I start my morning routine with 1 **La Mer’s** Regenerating Serum [\$250; neimanmarcus.com], which moisturizes and makes makeup application easier. Over that I wear 2 **Armani’s** Luminous Silk Foundation [\$89; saks.com], because it’s smooth and offers great natural-looking coverage. It’s worth spending a few minutes on lip liner to prevent lipstick from feathering or fading later on: I like 3 **Laura Mercier’s** Lip Pencil [\$20; neimanmarcus.com] under 4 **Tom Ford’s** Private Blend Lip Color in Pink Dusk [\$45; bergdorfgoodman.com], the perfect rosy-nude hue. I travel a lot—last summer I went to Rome, Aspen, the Hamptons, Michigan, Chicago, and Greece—and always pack 5 **Clé de Peau’s** Eye Color Quad [\$75; bergdorfgoodman.com], because it’s easy to blend the four colors into a wonderful, wearable look for day or night. And for an evening out, I only need add a few swipes of 6 **Guarlain’s** Le 2 two-brush mascara [\$36; sephora.com] and a spritz of 7 **JAR** Jardinia perfume [30 ml, \$430; at Bergdorf Goodman, NYC, 800-658-1855] to feel romantic and mysterious. I store it all in 8 **Hermès’s** Bolide HoldAll Travel Bag [\$350; 800-441-4488]—so practical!”



Lisa in the country “My husband windsurfs in Maui, and we both road-bike in the Hamptons and ski in Aspen—meaning I get a lot of sun, whether I like it or not. I wear **Ocean Potion’s** SPF 50 Broad Spectrum Anti-Aging Sunblock [\$8; amazon.com], and if I’m not wearing foundation, I’ll add a layer of 1 **Laura Mercier’s** Tinted Moisturizer SPF 20 [\$42; neimanmarcus.com] for extra coverage. But no matter how light the formula, sunblock tends to clog pores; the sweat that normally evaporates from skin gets trapped under the layer of cream. So it’s important to take extra steps to prevent breakouts, like washing with **Clarisonic’s** Mia Sonic Skin Cleansing Brush [\$149; sephora.com]. Try it with 2 **Neutrogena’s** Oil-Free Acne Wash Pink Grapefruit Foaming Scrub [\$7; target.com], which cleans deep into pores and smells really nice. In the country, my makeup routine is simple: I apply 3 **Serge Lutens’s** Water Lip Color in Chardon [\$65; barneys.com], a plum-colored stain that lasts all day, and 4 **Serge Lutens’s** Blusher [\$160; barneys.com], which gives me a subtle, soft glow. Before throwing the products into my 5 **Gucci** toiletry zip case [\$295; 800-456-7663], I put each into a small clear bag to avoid spills and mess. I buy them from **Manhattan Wardrobe Supply** [wardrobesupplies.com], which carries zippered vinyl bags in almost any size.” **REPORTED BY EIMEAR LYNCH**

